



मोतीलाल नेहरू राष्ट्रीय प्रौद्योगिकी संस्थान इलाहाबाद
इलाहाबाद-२११००४ [भारत]
Motilal Nehru National Institute of Technology Allahabad
Allahabad-211004 [India]

RULES FOR INTRA COLLEGE

GENERAL GUIDELINES/RULES & REGULATIONS

TOURNAMENT TYPE: The tournament of athletics will comprise of Heats and Finals. The details of each event are as below

EVENTS	HEATS	FINAL	MEN	WOMEN
100 M	YES	YES	YES	YES
200 M	YES	YES	YES	YES
400 M	NO	YES	YES	YES
800 M	NO	YES	YES	YES
1500 M	NO	YES	YES	YES
5000 M	NO	YES	YES	NO
110 M HURDLES	NO	YES	YES	NO
4X100 M RELAY	NO	YES	YES	YES
4X400 M RELAY	NO	YES	YES	YES
HIGH JUMP	NO	YES	YES	YES
LONG JUMP	NO	YES	YES	YES
SHOT PUT	NO	YES	YES	YES
DISCUS THROW	NO	YES	YES	YES
HAMMER THROW	NO	YES	YES	YES
JAVELIN THROW	NO	YES	YES	NO

GENERAL RULES IN ATHLETICS

(1).In a standard track of eight lanes, distribution of lanes and qualifying to subsequent rounds will be done as per standard rules for 100m, 200m, 400m run.

(2).An athlete can participate in a maximum of Four events (any four), excluding relays.

(3).For an individual event, points will be given to the athlete as shown in Table 1

(4).The sum total of points secured in all the events in athletics by an athlete will determine 1st and 2nd positions as a whole.

(5).If in any event, the number of participating athletes is less than 8, then bronze medal i.e. 3rd position will not be awarded for that event. If the participating athletes are less than 4, then only gold medal will be awarded and so the respective points.

(6) Best athlete from boys and girls will be chosen separately.

(7).The following events will be held in Athletics, shown in the above table for men and women.

(8). Decisions of the referees will be final and no objections will be entertained in the result.

(9). No new registration in the events will be entertained just before the events. The name of athletes and events filled during registration will be considered final and no edits would be entertained further.

****RULES & SCHEDULE ARE SUBJECT TO CHANGE IN THE SPIRIT OF THE GAME & FESTIVAL AND THE FINAL DECISION IN ALL MATTERS RESTS WITH THE ORGANIZING TEAM**

S.NO	EVENTS	POINTS FOR INDIVIDUAL		
		POSITIONS		
		I	II	III
1	100 M	5	3	2
2	200 M	5	3	2
3	400 M	5	3	2
4	800 M	5	3	2
5	1500 M	5	3	2
6	5000 M	5	3	2
7	110 M HURDLES	5	3	2
8	4X100 M RELAY	10	6	4
9	4X400 M RELAY	10	6	4
10	HIGH JUMP	5	3	2
11	LONG JUMP	5	3	2
12	SHOT PUT	5	3	2
13	DISCUS THROW	5	3	2
14	JAVELIN THROW	5	3	2
15	HAMMER THROW	5	3	2